

It's time to change how we view a child's growth.

4 feet

47"

46"

45"

44"

43"

42"

41"

40"

39"

38"

37"

3 feet

35"

34"

33"

32"

31"

30"

29"

28"

27"

26"

25"

2 feet

23"

22"

21"

20"

19"

18"

17"

16"

15"

14"

13"

1 foot

5 years

says own name and address

attempts to please and be like friends

counts out 10 or more objects

understands the difference in fantasy and reality

4 years

speaks clearly and in sentences of 5 to 6 words

follows 3-step commands

pretends to be "mom" or "dad"

cooperates with other children and negotiates to solve conflicts

3 years

uses 4 to 5-word sentences

uses pronouns (I, you, me, we, they) and some plurals (cars, dogs, cats)

completes puzzles of 3-4 pieces

plays make-believe with dolls, animals, and people ("feeds" a teddy bear)

imitate adults and playmates (runs when other children run)

2 years

points to object or picture when named

uses 2 to 4-word phrases

follows simple instructions

becomes more interested in other children

turns over container to dump out contents

18 months

does simple pretend play ("talks" on a toy phone)

points to interesting objects

looks at an object when you point to it and tell him or her to "look!"

uses several single words unprompted

1 year

uses simple gestures (such as waving "bye bye")

imitates actions in play (claps when you clap)

responds when told "no"

says "mama" and "dada"

responds to simple verbal requests



1-800-CDC-INFO

www.cdc.gov/actearly

Learn the Signs. Act Early.